

How Well Do You Study?

Level	Description	Notes	Organization/Time	Homework	Retention	Motivation/Accountability
1	Warming the bench	I copy notes messily, lose them, or I don't keep them organized.	I have no materials or organization at all. I don't spend time on my work.	I don't even pretend to do homework.	I don't usually learn the material that day.	I am totally disconnected from school. I have no internal or external motivation. I do not take responsibility for my own learning.
2	Rookie	I try to organize my notes but my system makes it very hard to find things.	I have basic materials but they are very disorganized. I do my work when I feel like it.	I put little effort into my assignments or I just copy from someone else.	I comprehend or retain either skills or concepts, but not both.	I am disconnected from school. I take almost no personal responsibility for my own learning and have no internal motivation.
3	2 nd Team	I review notes that night and I use them for the homework.	I have basic materials but my organization is very basic. I get my work done but often at the last minute.	I try but I get easily frustrated and skip a lot of problems.	I make sure the material is learned and retained for the unit.	I have an inconsistent internal motivation. I procrastinate. I have enough motivation to potentially be 1 st team or MVP.
4	1 st Team	I use notes to master the material.	I have most materials and some extras. It sometimes takes me a while to find things. I am able to set priorities for using my time.	I really do the homework!	I understand and retain the material for the course.	I take responsibility for my own learning most of the time. I have a plan for the future.
5	MVP	In class, I record what is needed. At home, I annotate, synthesize, and master the material. I use my older notes regularly.	I have all materials and backup materials. I am highly organized. I can always find almost everything. I am able to keep priorities for using my time.	I do every problem, and I get help if necessary.	I make sure the material is learned, and retained, for that unit and through the next course.	I take full responsibility for my achievement. I am a very hard worker. I am very determined to learn the material.